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Metacarpophalangeal joint bruise: Introduction. Metacarpophalangeal joint bruise: Injury to underlying tissues or bone in which the skin is not broken, often characterized by ruptured blood vessels and discolorations. See detailed information below for a list of 3 causes of Metacarpophalangeal joint bruise, Symptom Checker, including diseases and drug side effect causes.

Metacarpophalangeal joint bruise - RightDiagnosis.com

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Bruised Metacarpal Manual Guide | wikimaniacs.com Patient's are usually immediately aware that something is wrong, developing swelling, pain and instability at the metacarpal-phalangeal (MCP) joint . It has become a relatively common ski injury, occurring when a person falls on a hand that has a ski pole gripped between the thumb and forefinger.

Metacarpal Pain Manual Guide - cdnx.truyenyy.com

Set some ice in a plastic bag and then wrap that with a thin towel. Set it on your bruised tendon immediately for 20 minutes on and 20 minutes off 1. Continue doing this until the swelling goes down.

How to Doctor a Bruised Tendon | Healthfully

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A broken hand is a break or crack in one or more of the bones of your hand. This injury can be caused by direct blows or falls. Motor vehicle crashes can cause hand bones to break, sometimes into many pieces, and often require surgical repair.

Broken hand - Symptoms and causes - Mayo Clinic

Typical symptoms of a metacarpal fracture include pain and swelling of the hand. While bruising may not be seen immediately, there is usually bruising that develops within a few days of the injury. 1. Patients typically notice stiffness of the fingers and pain when trying to form a fist.

What You Need to Know About Metacarpal Fracture

Put an ice pack, gel pack, or package of frozen vegetables wrapped in a cloth on the injured area every 3 to 4 hours for up to 20 minutes at a time for the first day or two after the injury. Keep the hand up on pillows when you sit or lie down. Take pain medicine, such as ibuprofen, as directed by your provider.

Summit Medical Group

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Bruise or contusion. Bruises, or contusions, cause skin discoloration, swelling and tenderness. Bruised shin. A bruised shin results in a bluish appearance on the skin, but the skin does not break. Phlebitis. Phlebitis means inflammation of the veins, and can cause redness, itching, irritation, pain, and swelling. Hematoma

Bruising or discoloration, Bulging veins, Lump or bulge ...

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